



# Edwards Hall Primary School

## Anti-bullying Policy (Draft)

<b>Reference:</b>	
<b>Issued by:</b>	
<b>Responsibility of:</b>	
<b>Date Issued:</b>	May 2017
<b>Governor Approved:</b>	
<b>Review Date:</b>	May 2019

## Rights and Responsibilities

- We have the right to come to school without being bullied.
- We have the responsibility not to bully or accept the bullying behaviour of others.

## What is bullying?

Bullying is behaviour which deliberately targets another person/s making them feel uncomfortable, distressed or threatened.

Bullying is repeated over time.

Bullying makes those being bullied feel powerless to defend themselves.

## Why are we against bullying?

- Everyone has the right to feel safe, welcome, secure and happy
- We should treat everyone with consideration
- Everybody has the right to be treated with consideration and respect.
- Bullies need to learn different ways of behaving.

***Bullying of any kind is unacceptable at our school.***

## What types of bullying are there?

- Emotional (being unfriendly, excluding, tormenting, threatening behaviour, gestures)
- Verbal (name calling, sarcasm, spreading rumours, teasing)
- Physical (pushing, kicking, hitting, punching or any use of violence)
- Cyber (all areas of internet, email and internet chatroom misuse.
- Mobile threats by text messaging and calls, misuse of associated technology ie: camera and video facilities including those on mobile phones.
- Racist (racial taunts, graffiti, gestures)
- Sexual (unwanted physical contact, sexually abusive comments)
- Homophobic (because of, or focussing on the issue of sexuality)

## What are the signs and symptoms of bullying?

A person may indicate by signs or behaviours that they are being bullied. Everyone should be aware of these possible signs and should investigate if the person;

- Is frightened of walking to or from school or changes route
- Doesn't want to go on the school / public bus
- Begs to be driven to school
- Changes their usual routine
- Is unwilling to go to school (school phobic)
- Begins to truant
- Becomes withdrawn, anxious or lacking in confidence
- Becomes aggressive, abusive, disruptive or unreasonable
- Starts stammering
- Threatens or attempts suicide
- Threatens or attempts self harm

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- Threatens or attempts to run away
- Cries themselves to sleep at night or has nightmares
- Feels ill in the morning
- Performance in school work begins to drop
- Comes home with clothes torn, property damaged or 'missing'
- Asks for money or starts stealing money
- Has dinner or other monies continually 'lost'
- Has unexplained cuts or bruises
- Comes home 'starving'
- Bullying others
- Changes in eating habits
- Is frightened to say what is wrong
- Afraid to use the internet or mobile phone
- Nervous or jumpy when a cyber message is received
- Gives improbable excuses for their behaviour.
- Not wanting to go out at playtime
- Bed wetting
- Changed / anxious behaviour at home

## **How can we prevent Bullying?**

All schools should foster a clear understanding that bullying, in any form, is not acceptable. This can be done by:

- Developing an effective anti-bullying policy and practice. The school will then become a safer and happier environment, with consequent improvements in attitudes, behaviour, and relationships and with a positive impact on learning and achievement.
- Regular praise of positive and supportive behaviour by all staff.
- Work in school which develops empathy and emotional intelligence.
- Any incidents treated seriously and dealt with immediately.
- Model positive behaviour.
- Develop an understanding of bullying with parents and governors.
- Peer mediation / play ground buddies.
- Preventative games to develop cooperation.
- Discussion through circle time and P4C.
- Assemblies.

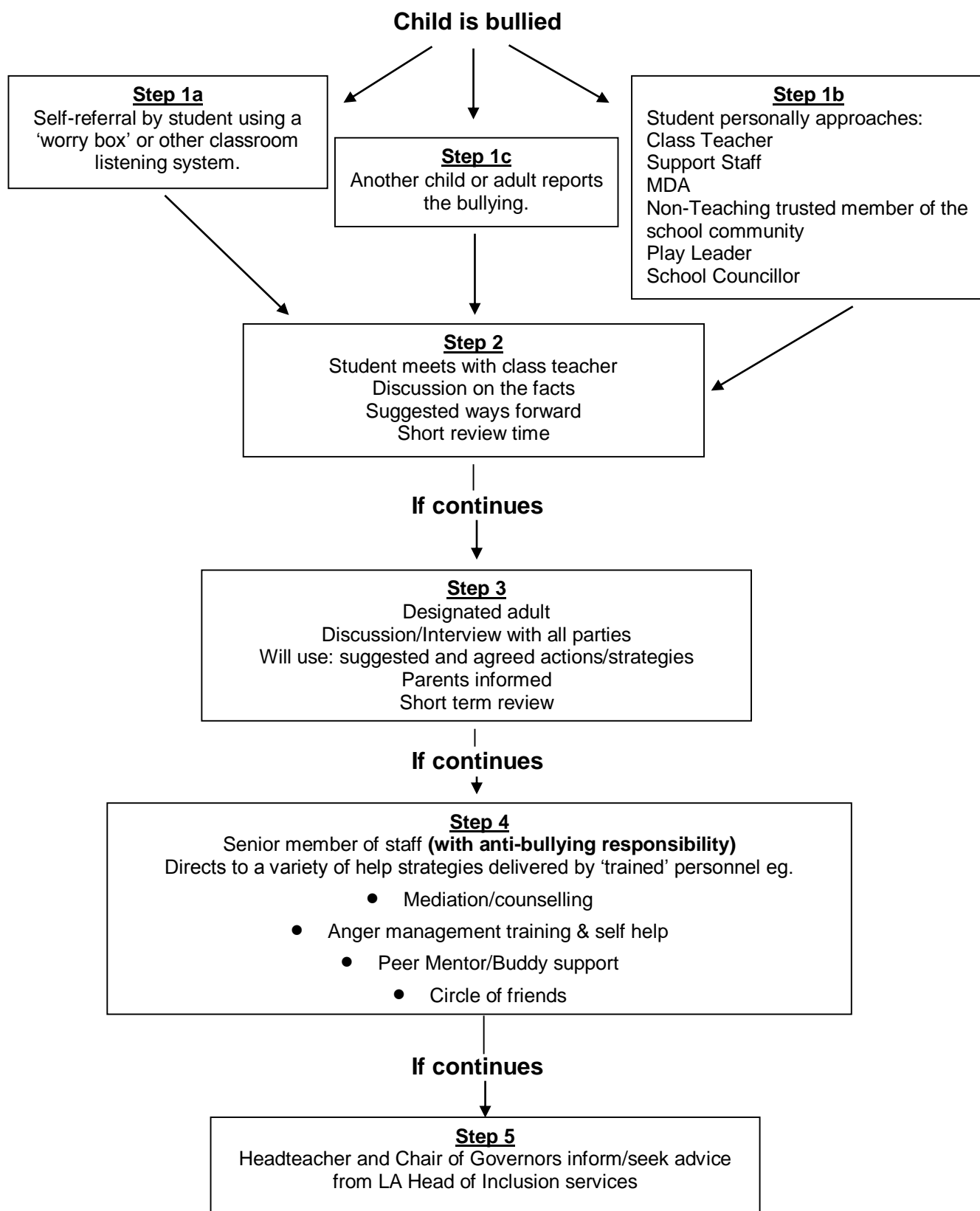
**Our school will respond promptly and effectively to reported incidents of bullying**

## **Responses to Bullying**

Pathways of help – next page

# PROCEDURES IN FOR REPORTING BULLYING

## PATHWAYS OF HELP



## Support Agencies

**Anti-bullying Alliance** - the alliance brings together over 60 organisations into one network with the aim of reducing bullying. Their website has a parent section with links to recommended organisations who can help with bullying issues  
[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

**Kidscape**  
[www.kidscape.org.uk](http://www.kidscape.org.uk)  
02077303300

**Childline** – advice and stories from children who have survived bullying  
08000 1111

**Bullying on line**  
[www.bullying.co.uk](http://www.bullying.co.uk)

**Parentline Plus** – advice and links for parents [www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)  
08088002222

**Parents Against Bullying**  
01928 576152

## Useful sources of information

**Stonewall** - the gay equality organisation founded in 1989. Founding members include Sir Ian McKellen. [www.stonewall.org.uk](http://www.stonewall.org.uk).

**Cyberbullying.org** - one of the first websites set up in this area, for young people, providing advice around preventing and taking action against cyberbullying. A Canadian based site  
[www.cyberbullying.org](http://www.cyberbullying.org)

**Chatdanger** - a website that informs about the potential dangers online (including bullying), and advice on how to stay safe while chatting [www.chatdanger.com](http://www.chatdanger.com)

**Think U Know** - the Child Exploitation and Online Protection Centre (CEOP), has produced a set of resources around internet safety for secondary schools [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**Know IT All for Parents** – a range of resources for primary and secondary schools by Childnet International. Has a sample family agreement [www.childnet-int.org/kia/parents](http://www.childnet-int.org/kia/parents)



## Edwards Hall Primary School's Anti-bullying Policy

We, in class \_\_\_\_\_, have read and understood the anti-bullying policy. We understand why bullying is wrong and the different types of bullying that we might encounter. We know how to get help if we are bullied and also know some of the signs and symptoms we might see in others if they are getting bullied. We agree to help prevent bullying of all kinds in our school.

Signed:

Teacher:

Date: